



Dr. med. Tsambika Psaras, Leitende Ärztin
Spezialgebiet: Neurochirurgie / interventionelle Schmerztherapie

Ausbildung

2012	Habilitation
2010	Erwerb Zertifikat für Medizindidaktik
2008	Facharztprüfung
2002	Dissertation
1992 - 2000	Medizinstudium an der Universität zu Köln

Berufliche Tätigkeiten

Seit September 2019	Leitende Ärztin Neurochirurgie/interventionelle Schmerztherapie Klinik für Orthopädie/Traumatologie, Wirbelsäulenchirurgie und Sportmedizin, Chefarzt Dr. Rolf Hess
2015 – 2019	Angestellte Neurochirurgin mit Schwerpunkt Wirbelsäulenchirurgie, Das Rückenzentrum Thun, Inhaber: Dr. Schwarzenbach/Prof. Dr. med. Berlemann
2013 - 2015	Oberärztin, Krankenhaus Köln – Merheim, Neurochirurgische Klinik, Chefarzt: Prof. Dr. med. F. Weber
2004 - 2013	Assistenzärztin, infolge Oberärztin, Universitätsklinik Tübingen, Neurochirurgische Klinik, Ärztlicher Direktor: Univ.-Prof. Dr. med. M. Tatagiba
2003 - 2004	Assistenzärztin, Universitätsklinik Freiburg, Neurochirurgische Klinik Ärztlicher Direktor: Univ.-Prof. Dr. med. J. Zentner
2000 - 2003	Ärztin im Praktikum, infolge Assistenzärztin, Krankenhaus Köln – Merheim, Neurochirurgische Klinik, Chefarzt: Prof. Dr. med. K. J. Menzel

Mitgliedschaften

Deutsche Gesellschaft für Neurochirurgie

Mitglied Editorial Board der Fachzeitschrift: Minimally invasive therapy & allied technologies MITAT
(official journal-of-the society-for-minimally-invasive-therapy)



Gutachtertätigkeiten

Neurosurgery

Psychoneuroendocrinology

Therapeutics and Clinical Risk Management

BMC Medical Imaging Review

Experimental and Clinical Endocrinology & Diabetes

Mitglied im Editorial Board der Fachzeitschrift, Minimally invasive therapy & allied technologies

MITAT (official journal-of-the society-for-minimally-invasive-therapy)

Wissenschaftliche Tätigkeiten

Erst-Autorenschaften

- 2011 Psaras T, Milian M, Hattermann V, Gerlach C, Honegger J.
Executive functions recover earlier than episodic memory after microsurgical transsphenoidal treatment of pituitary tumors in adult patients- a longitudinal study.
J Clin Neurosci. (2011) 18:1340-5 **IF 1,253**
- 2011 Psaras T, Milian M, Hattermann V, Will BE, Tatagiba M, Honegger J.
Predictive factors for neurocognitive function and Quality of Life after surgical treatment for Cushing's disease and acromegaly.
J Endocrinol Invest. (2011). 34:e168-77 IF 1,654
- 2011 Psaras T, Honegger J, Gallwitz B, Milian M.
Are there gender-specific differences concerning quality of life in treated acromegalic patients?
Exp Clin Endocrinol Diabetes. (2011) 119:300-5. **IF 1,555**
- 2011 Psaras T, Milian M, Hattermann V, Freiman T, Gallwitz B, Honegger J. Demographic Factors and the Presence of Comorbidities do not Promote Early Detection of Cushing's Disease and Acromegaly.
Exp Clin Endocrinol Diabetes. (2011) 119:21-5 IF 1,555
- 2010 Psaras T, Schuhmann MU, Bottler T, Krimmel M, Wolff M, Honegger JB, Will BE. Surgical technique and validation of outcome assessment in sagittal synostosis.
Cen Eur Neurosurg. (2010) 71:64-8 **IF 0,944**
- 2009 Psaras T, Pantazis G, Steger V, Meyermann R, Honegger J, Beschoner R.
Benign meningioma developing late lung metastases: case report and review of the literature.
Clin Neuropathol. (2009) 28:453-9. Review **IF 1,341**



- 2010 Psaras T, Milian M, Hattermann V, Gallwitz B, Freiman T, Honegger J. Aftercare in patients with Cushing's disease and acromegaly: is there room for improvement? Acta Neurochir (Wien). (2010) 152:271-8. **IF 1,546**
- 2008 Psaras T, Will BE, Schoeber W, Rona S, Mittelbronn M, Honegger JB. Quantitative assessment of postoperative blood collection in brain tumor surgery under valproate medication. Zentralbl Neurochir. (2008) 69:165-9. **IF 0,719**
- 2007 Psaras T, Honegger J, Buslei R, Saeger W, Klein D, Capper D, Meyermann R, Mittelbronn M. Atypical type II silent corticotrophic adenoma developing into Cushing's disease upon second recurrence. Exp Clin Endocrinol Diabetes. (2007) 115:610-5 **IF 1,555**

Letzt-Autorenschaften

- 2014 Milian M, Honegger J, Gerlach C, Hemeling X, Psaras T. Similar Psychopathological Profiles in Female and Male Cushing's disease Patients after Treatment - But Differences in the Pathogenesis of Symptoms. Neuroendocrinology (2014) **IF 3,537**
- 2013 Milian M, Honegger J, Teufel P, Wolf A, Psaras T. The Tuebingen CD-25 is a sensitive tool to investigate HRQoL in Cushing's disease patients in the course of the disease. Neuroendocrinology (2013) 98: 188-99 **IF 3,537**
- 2013 Milian M, Honegger J, Gerlach C, Psaras T. Health-related quality of life and psychiatric symptoms improve effectively within a short time in patients surgically treated for pituitary tumors-a longitudinal study of 106 patients. Acta Neurochirur (Wien). 2013 155:1637-45 **IF 1,546**
- 2012 Rizk A, Honegger J, Milian M, Psaras T. Treatment Options in Cushing's Disease Clin Med Insights Oncol. (2012) 6:75-84. **IF 1,00**
- 2012 Milian M, Teufel P, Honegger J, Gallwitz B, Schnauder G, Psaras T. The development of the Tuebingen Cushing's disease quality of life inventory (Tuebingen CD-25). Part I: construction and psychometric properties. Clin Endocrinol (Oxf). (2012) 76:861-7 **IF 3,396**
- 2012 Honegger J, Schmalisch K, Beuschlein F, Kaufmann S, Naegele T, Psaras T. Contemporary microsurgical concept for the treatment of Cushing's disease: Endocrine outcome in 83 consecutive patients. Clin Endocrinol (Oxf). (2012) 76:560-7. **IF 3,396**
- 2010 Schittenhelm J, Psaras T. Glioblastoma with granular cell astrocytoma features: a case report and literature review. Clin Neuropathol. (2010) 5:323-9. **IF 1,341**



Co-Autorenschaften

- 2013 Lee M, Marinoni I, Irmeler M, Psaras T, Honegger JB, Beschorner R, Anastasov N, Beckers J, Theodoropoulou M, Roncaroli F, Pellegata NS.
Transcriptome analysis of MENX-associated rat pituitary adenomas identifies novel molecular mechanisms involved in the pathogenesis of human pituitary gonadotroph adenomas. *Acta Neuropathol.* (2013) 126:137-50. IF 9,734
- 2013 Beschorner R, Waidelich J, Trautmann K, Psaras T, Schittenhelm J.
Notch receptors in human choroid plexus tumors.
Histol Histopathol. (2013) 28:1055-63 **IF 2,281**
- 2013 Milian M, Luerding R, Ploppa A, Decker K, Psaras T, Tatagiba M, Gharabaghi A, Feigl GC.
"Imagine your neighbor mows the lawn": a pilot study of psychological sequelae due to awake craniotomy.
J Neurosurg. (2013) 118:1288-95. **IF 3,148**
- 2011 Beschorner R, Psaras T, Meyermann R, Bremer J, Schmidt T, Mittelbronn M, Schittenhelm J. Erythropoietin receptor expression in normal and neoplastic choroid plexus.
Clin Neuropathol. (2011) 30:33-40. **IF 1,341**
- 2010 Pantazis G, Psaras T, Kroppe K, von Coelln R, Fend F, Bock T, Schittenhelm J, Melms A, Meyermann R, Bornemann A.
Cerebral low-grade lymphoma and light chain deposition disease: exceedingly high IgG levels in the cerebrospinal fluid as a diagnostic clue.
Clin Neuropathol. (2010) 29:378-83. **IF 1,341**
- 2010 Schittenhelm J, Psaras T, Meyermann R, Honegger J, Beschorner R.
Pituitary adenomas and craniopharyngiomas are CDX2 negative neoplasms.
Folia Neuropathol. (2010) 48:75-80. **IF 1,547**
- 2010 Schmalisch K, Beschorner R, Psaras T, Honegger J.
Postoperative intracranial seeding of craniopharyngiomas--report of three cases and review of the literature.
Acta Neurochir (Wien). (2010) 152:313-9 **IF 1,546**
- 2009 Schmalisch K, Psaras T, Beschorner R, Honegger J.
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Clin Neurol Neurosurg. (2009) 111:774-8. **IF 1,428**
- 2009 Honegger J, Psaras T, Petrick M, Reincke M.
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Exp Clin Endocrinol Diabetes. (2009) 117:361-4 **IF 1,555**
- 2009 Schittenhelm J, Psaras T, Honegger J, Trautmann K, Meyermann R, Beschorner R.
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Endocr Pathol. (2009) 20:158-62 **IF 1,6**



- 2009 Merkle M, Psaras T, Tatagiba M, Danz S, Schmidt F.
Synovial cyst of the thoracic spine causing myelopathy.
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- 2008 Honegger J, Zimmermann S, Psaras T, Petrick M, Mittelbronn M, Ernemann U, Reincke M, Dietz K.
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Eur J Endocrinol. (2008) 158:287-94. **IF 3,136**
- 2008 Schittenhelm J, Beschorner R, Psaras T, Capper D, Nägele T, Meyermann R, Saeger W, Honegger J, Mittelbronn M.
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- 2007 Honegger J, Ernemann U, Psaras T, Will B.
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- 2006 Honegger JB, Psaras T, Petrick M, Beuschlein F, Reincke M.
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- 2006 Mittelbronn M, Psaras T, Capper D, Meyermann R, Honegger J.
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- 2005 Honegger J, Koerbel A, Psaras T, Petrick M, Mueller K.
Primary intrasellar schwannoma: clinical, aetiopathological and surgical considerations.
Br J Neurosurg. (2005) 19:432-8. Review **IF 0,856**
- 2005 Koerbel A, Roser F, Psaras T, Beschorner R, Tatagiba M.
Primary non-Hodgkin lymphoma of the cranial nerves mimicking neurofibromatosis Type 2. Case illustration. J Neurosurg. (2005) 102:1166 **IF 3,148**
- 2000 Krug B, Dietlein M, Groth W, Stützer H, Psaras T, Gossmann A, Scheidhauer K, Schicha H, Lackner K.
Fluor-18-fluorodeoxyglucose positron emission tomography (FDG-PET) in malignant melanoma. Diagnostic comparison with conventional imaging methods.
Acta Radiol. (2000) 41:446-52 **IF 1,33**
- 1999 Dietlein M, Krug B, Groth W, Smolarz K, Scheidhauer K, Psaras T, Stützer H, Lackner K, Schicha H.
Positron emission tomography using 18F-fluorodeoxyglucose in advanced stages of malignant melanoma: a comparison of ultrasonographic and radiological methods of diagnosis.
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Zitierbare Abstracts

- 2009 Beschorner R, Psaras T, Meyermann R, Bremer J, Mittelbronn M, Schittenhelm J
EpoR expression in choroid plexus tumors
Acta Neuropathol (2009) 118:433–467 **IF 9,734**
- 2009 Pantazis G, Melms A, Psaras T, Kroppe K, Fend F, Bock T, Schittenhelm J, Meyermann R,
Bornemann Cerebral lymphoma with light chain deposition disease (LCDD) with
exceedingly high IgG levels
Acta Neuropathol (2009) 118:455-455 **IF 9,734**
- 2008 Pantazis G, Psaras T, Miller J, Meyermann R, Beschorner R
Benign meningioma with short interval between metachronous lung metastases
Acta Neuropathologica (2008) 116 352-353 **IF 9,734**